

July 2026
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Resident Birthdays Paula G. 7/6	1 10:00 🚌 Outing - Powell Park [SeeMimzy] 10:15 🌟 Neighborhood Walk 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🍷 Food Forum with Ruddy [DR] 2:30 📖 Reading Books With Christine [ACT] 3:30 🌟 Brilliant Brain Teasers [DH] 6:00 🦋 Peaceful Puzzles [ACT]	2 10:15 🌟 Neighborhood Walk 11:00 🎵 Sing-A-Long Songs with Scott [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:30 🦋 Beading Bonanza - Beading Jewelry [ACT] 3:30 🌟 Brain Games! [LR] 4:00 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	3 Matt Off 10:15 🚩 <i>Making Snacks with Laly! [DH]</i> 11:15 🌟 Neighborhood Walk 11:30 🌟 Stand Up Comedy [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🦋 Sing-A-Long Songs [LR] 2:30 🚩 Game Show TV Time [LR] 3:30 🌿 Sips & Smiles Happy Hour [DH] 6:00 🦋 Peaceful Puzzles [ACT]	4 Independence Day 9:30 🌟 <i>Neighborhood Walk</i> 10:00 🦋 <i>Independence Day Face Paint [LR]</i> 11:00 🌟 <i>4th of July Brain Games [LR]</i> 1:30 🏃 <i>Afternoon Exercises [LR]</i> 2:00 🚩 <i>Crafting Corner - 4th of July! [ACT]</i> 3:00 🦋 <i>Stars & Stripes Sing-A-Long [LR]</i> 3:30 🌿 <i>Popsicles on the Patio [MCPATIO]</i> 4:00 🌿 <i>Watching Sports [LR]</i> 6:30 🚩 <i>Carefree Coloring [LR]</i>
5 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:30 🌟 Spiritual Songs [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	6 Matt Off Mimzy Off Paula G. Birthday 10:15 🌟 Neighborhood Walk 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 3:30 🌿 Watching Sports [LR] 6:00 🦋 Peaceful Puzzles [ACT]	7 10:00 🚌 Bus on Appointment 10:15 🌟 Neighborhood Walk 10:30 🌟 <i>Chocolate Tasting for World Chocolate Day</i> 11:00 🌿 Coffee & Conversation [DH] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Brain Games! [LR] 2:45 🦋 This Day in History [LR] 3:30 🏃 Balloon Volleyball! [DH] 6:30 🚩 Carefree Coloring [LR]	8 10:00 🚌 Outing - Oregon Park [SeeMimzy] 10:15 🌟 Neighborhood Walk 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 📖 Reading Books With Christine [ACT] 3:00 🍷 Resident Council Meeting [DR] 4:00 🌟 Brilliant Brain Teasers [DH] 6:00 🦋 Peaceful Puzzles [ACT]	9 10:15 🌟 Neighborhood Walk 11:00 🎵 Sing-A-Long Songs with Scott [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Belmont Fire House Educational Speaker [DR] 3:30 🌟 Brain Games! [LR] 4:00 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	10 10:15 🚩 Games with Laly! [DH] 11:15 🌟 Neighborhood Walk 11:30 🌟 Stand Up Comedy [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🦋 Sing-A-Long Songs [LR] 2:30 🚩 Game Show TV Time [LR] 3:00 🌿 Haha the Clown! [LR] 3:30 🌿 Sips & Smiles Happy Hour [DH] 6:00 🦋 Peaceful Puzzles [ACT]	11 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:00 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌿 Afternoon Movie [LR] 6:30 🚩 Carefree Coloring [LR]
12 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:30 🌟 Spiritual Songs [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	13 Matt Off 10:15 🌟 Neighborhood Walk 10:45 🚩 <i>Making Snacks! [DH]</i> 11:30 🎵 Morning Music [LR] 12:00 🌿 Clowning Around at Lunchtime [DH] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Crafting Corner - Nature Collage [ACT] 3:30 🌿 Watching Sports [LR] 6:00 🦋 Peaceful Puzzles [ACT]	14 10:00 🚌 Outing - Scenic Drive [SeeMimzy] 10:15 🌟 Neighborhood Walk 10:30 🌿 Coffee & Conversation [DH] 11:00 🌟 Brain Games! [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Brain Games! [LR] 2:45 🦋 This Day in History [LR] 3:00 🌟 Cooking with Chef [DH] 6:30 🚩 Carefree Coloring [LR]	15 Mimzy Off 10:00 🚌 Outing - Portland Memory Garden [SeeMimzy] 10:15 🌟 Neighborhood Walk 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 📖 Reading Books With Christine [ACT] 3:30 🌟 Brilliant Brain Teasers [DH] 6:00 🦋 Peaceful Puzzles [ACT]	16 Mimzy Off 10:15 🌟 Neighborhood Walk 11:00 🎵 Sing-A-Long Songs with Scott [ACT] 1:30 🏃 Afternoon Exercises [LR] 3:30 🌟 Brain Games! [LR] 4:00 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	17 Mimzy Off 10:15 🚩 <i>Making Snacks with Laly! [DH]</i> 11:15 🌟 Neighborhood Walk 11:30 🌟 Stand Up Comedy [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🦋 Sing-A-Long Songs [LR] 2:30 🚩 Game Show TV Time [LR] 6:00 🦋 Peaceful Puzzles [ACT]	18 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:00 🎵 Elena with Cello - Live Music [LR] 11:00 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌿 Afternoon Movie [LR] 6:30 🚩 Carefree Coloring [LR]
19 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:30 🌟 Spiritual Songs [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	20 10:15 🌟 Neighborhood Walk 10:45 🚌 Bus on Appointment 10:45 🚩 <i>Making Snacks! Moon Day Oreos [DH]</i> 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Crafting Corner - Make Your Own Galaxy [ACT] 3:30 🌿 Watching Sports [LR] 6:00 🦋 Peaceful Puzzles [ACT]	21 10:00 🚌 Outing - Scenic Drive [SeeMimzy] 10:15 🌟 Neighborhood Walk 10:30 🌿 Coffee & Conversation [DH] 11:30 🎵 Phil Hall the Accordionist - Live Music [DH] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Brain Games! [LR] 2:45 🦋 This Day in History [LR] 3:30 🏃 Balloon Volleyball! [DH] 6:30 🚩 Carefree Coloring [LR]	22 10:00 🚌 Outing - Powell's Books [SeeMimzy] 10:15 🌟 Neighborhood Walk 10:30 🌿 Donuts with Debbie [DR] 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 📖 Reading Books With Christine [ACT] 3:30 🌟 Brilliant Brain Teasers [DH] 6:00 🦋 Peaceful Puzzles [ACT]	23 9:45 🚌 Bus on Appointment 10:15 🌟 Neighborhood Walk 11:00 🎵 Sing-A-Long Songs with Scott [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:30 🦋 Beading Bonanza [ACT] 3:30 🌟 Brain Games! [LR] 4:00 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	24 10:15 🚩 Games with Laly! [DH] 11:00 🚌 Bus on Appointment 11:15 🌟 Neighborhood Walk 11:30 🌟 Stand Up Comedy [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🦋 Sing-A-Long Songs [LR] 2:30 🚩 Game Show TV Time [LR] 4:00 🌿 50's Diner Dance! [DH] 6:00 🦋 Peaceful Puzzles [ACT]	25 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:00 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌿 Afternoon Movie [LR] 6:30 🚩 Carefree Coloring [LR]
26 10:30 🦋 Morning Patio Hangout [MCPATIO] 11:30 🌟 Spiritual Songs [LR] 1:30 🏃 Afternoon Exercises [LR] 2:30 🌿 Watching Sports [LR] 6:30 🚩 Carefree Coloring [LR]	27 10:15 🌟 Neighborhood Walk 10:45 🚩 <i>Making Snacks! [DH]</i> 11:30 🎵 Morning Music [LR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Crafting Corner - Sensory Bottles [ACT] 3:30 🌿 Watching Sports [LR] 6:00 🦋 Peaceful Puzzles [ACT]	28 10:00 🚌 Outing - Scenic Drive [SeeMimzy] 10:15 🌟 Neighborhood Walk 10:30 🌿 Coffee & Conversation [DH] 11:00 🎵 Song Memories - Live Music [DR] 1:30 🏃 Afternoon Exercises [LR] 2:00 🌟 Brain Games! [LR] 2:45 🦋 This Day in History [LR] 3:30 🏃 Balloon Volleyball! [DH] 6:30 🚩 Carefree Coloring [LR]	29 10:15 🌟 Neighborhood Walk 10:45 🚩 <i>Making Snacks! [DH]</i> 11:30 🎵 Morning Music [LR] 1:00 🚌 Outing - East County Library [SeeMimzy] 1:30 🏃 Afternoon Exercises [LR] 2:30 📖 Reading Books With Christine [ACT] 3:30 🌟 Brilliant Brain Teasers [DH] 6:00 🦋 Peaceful Puzzles [ACT]	30 10:15 🌟 Neighborhood Walk 11:00 🎵 Sing-A-Long Songs with Scott [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:30 🦋 Beading Bonanza [ACT] 3:30 🌟 Brain Games! [LR] 4:00 🌿 Watching Sports [LR] 5:30 🍷 Family Council Meeting [ActRm] 6:30 🚩 Carefree Coloring [LR]	31 Matt Off 10:15 🚩 <i>Making Snacks with Laly! [DH]</i> 11:15 🌟 Neighborhood Walk 11:30 🌟 Stand Up Comedy [ACT] 1:30 🏃 Afternoon Exercises [LR] 2:00 🦋 Sing-A-Long Songs [LR] 2:30 🚩 Game Show TV Time [LR] 3:30 🌿 Sips & Smiles Happy Hour [DH] 6:00 🦋 Peaceful Puzzles [ACT]	